

WEIGH IN – RULES AND TIMETABLE

1. Only one formal attempt at weigh-in is permitted. A set of scales will be available for pre-weighing. Our scales are precision tested before the start of the weigh-in.
2. No competitor will be allowed to weigh-in or register without the following: entry Card; licence ; proof of date of birth (if not in licence); proof of grade for Category G events.
3. **Changes from one weight category to another within the same age group are permitted upon payment of the appropriate “transfer” fee. Changes may be to a higher OR lower weight.**

Transfer fees for 2006 are:
£4.00 for groups A/B/C/D/E/F
£6.00 for groups G/H/J/K

4. Competitors MUST obey all instructions from the weigh-in officials when weighing in. Rudeness/aggression will not be tolerated.
5. Team managers ONLY may enter the weigh-in room or raise any problems with Weigh-In Controller. In all matters relating to the conduct of the weigh-in, the decision of the Weigh-In controller is final.

WEIGH IN /REGISTRATION TIMETABLE

Friday 10th February 2006

1830 hrs – 1945 hrs OPEN weigh-in/registration for any category

Saturday 11th February 2006

0830 hrs – 0915 hrs GROUP A (7 and under) ONLY

0930 hrs – 1015 hrs GROUP B (8 and 9 yrs) ONLY

1030 hrs – 1115 hrs GROUP D (12 and 13 yrs) ONLY

1145 hrs – 1230 hrs GROUP F (16-18 yrs) ONLY

1245 hrs – 1330 hrs GROUP G (19+ KYU) ONLY

1330 hrs – 1430 hrs MASTERS GROUPS J & K ONLY

1445 hrs – 1530 hrs OPEN weigh-in/registration for SUNDAY competitors

Sunday 12th February 2006

0845 hrs – 0930 hrs GROUP C (10 and 11 yrs) ONLY

1000 hrs – 1045 hrs GROUP E (14 and 15 yrs) ONLY

1100 hrs – 1200 hrs GROUP H (19+ OPEN) ONLY